

# Community Resource Directory Amite, Louisiana 2022-2023

# TABLE OF CONTENTS

COMMUNITY SERVICES	3
MULTIPLE SERVICES PROVIDERS	4
COVID-19 VACCINATION SITES	6
CRISIS INTERVENTION	7
CHILD ABUSE INTERVENTION	7
DOMESTIC VIOLENCE INTERVENTION	9
EMERGENCY SHELTER	11
EMERGENCY SERVICES	11
EDUCATION	13
ADULT EDUCATION	13
FOOD	14
HOUSING	16
CLOTHING	17
LEGAL ASSISTANCE	18
HEALTH SERVICES	19
HOSPITALS	19
MEDICAL CLINICS	20
DENTAL	21
VISION	23
MISCELLANEOUS	24
COUNSELING & SOCIAL SERVICES	25
QUAD AREA SERVICES	30
SUBSTANCE ABUSE RECOVERY	33
TECHNOLOGY	34
TRANSPORTATION	35
YOUTH SERVICES/PROGRAMS	36
HOTLINES	37

# **COMMUNITY SERVICES**

#### AMITE PUBLIC ASSISTANCE

1211 NW Central Ave Amite City, LA 70422 Phone: (985) 748-2084 Hours: Monday thru Friday 8:00am – 4:00pm Services:

• Offers public services to Amite City

#### FIRST TRUE LOVE

41239 S. Range Road Ponchatoula, LA 70454 Phone: (985) 386-2624 Services:

• Church Ministry that provides various resources for children and families in need

#### HOLY GHOST CATHOLIC CHURCH

600 N Oak Street Hammond, LA 70401 Phone: (985) 345-3360 Services:

• Church ministry that offers assistance and resources to children and families in need, along with free school uniforms for Pre-k-5<sup>th</sup> grade

#### SAINT HELENA CATHOLIC CHURCH

122 S. 1<sup>st</sup> Street Amite City, LA 70422 Phone: (985) 748-9057 Services:

• Church ministry that offers assistance and resources to children and families in need, along with free school uniforms for Pre-k-5<sup>th</sup> grade

#### TANGIPAHOA VOLUNTARY COUNCIL ON AGING

106 N. Bay Street Amite, LA 70422 Phone: (985) 748-7486 Hours: Monday thru Friday 8:30am - 4:00pm Services:

• Offers free hot meals (home delivered if needed), housekeeping, socialization, and other programs for senior citizens

#### **VOULUNTEERS OF AMERICA**

4152 Canal Street New Orleans, LA 70119 Phone: (504) 482-2130 Hours: Monday thru Friday 8:30am – 5:00pm Services:

• Offers services that assists children, families, veterans and persons living with disabilities through a wide array of programs

### **MULTIPLE SERVICES PROVIDERS**

Catholic Charities is the local Catholic Charities agency providing social services throughout the Diocese of Baton Rouge covering 12 civil parishes. Service include Case Management, Counseling, Crisis Intervention, Advocacy, Rent Payment Assistance (must schedule an appointment), Disaster Specific Rent Assistance, Utility Services (must schedule an appointment), Career counseling, Job Search/Placement and Training, Senior Community Services Employment, Legal Aid, Pregnancy Counseling, Adoption, and Maternity Home. Hours of Operation: Monday-Friday 8:30am – 4:30pm, Services are available to low-income individuals of all faiths.

#### **CATHOLIC CHARITIES OF THE DIOCESE OF BATON ROUGE**

1900 S Acadian TRWY Baton Rouge, LA 70808 Phone: (225) 336-8770 Hours: Monday – Friday 8:30am – 4:30pm

#### **CATHOLIC CHARITIES SERVING TANGIPAHOA**

707 West Coleman Avenue Hammond, LA 70403 Phone: (985) 542-9896 Hours: Monday- Friday 8:30am – 4:30pm

#### **DEPARTMENT OF CHILDREN & FAMILY SERVICES**

Main Office Automated System 606 South 1<sup>st</sup> Street Amite, LA 70422 Phone: (225) 342-0286 and (888) 524-3578 Hours: Monday- Friday, 7:30am – 4:30pm Services:

- Supplemental Nutrition Assistance Program
- Family Independence Temporary Assistance Program
- Child Care Assistance Program
- Kinship Care Subsidy Program
- Call Automated System for location near you

### FAMILY ROAD

323 E Airport Avenue Baton Rouge, LA 70806 Phone: 1-225-201-888 Hours: Monday-Thursday 8:00am – 8:00pm; Friday 8:00am – 4:00pm Services:

- Building Strong Families
- Healthy Start
- Dedicated Dads Program
- WIC program
- Medicaid

#### **GOD'S STOREHOUSE**

122 N.E. Central Ave Amite, LA Phone: (985) 748-4747 Hours: Monday - Friday; 9am to 5pm Services:

- Clothes
- Non-perishable
- Prescriptions
- Utility bills
- For residents living North of Tickfaw

#### MATER DOLOROSA CATHOLIC CHURCH

620 3<sup>RD</sup> Street Independence, LA 70433 Phone: (985) 878-9639 Services:

• Offers services and resources to children and families in need, along with a free scholarship program for schooling for low-income families

#### ST. VINCENT DE PAUL

824 N. Morrison, Hammond Phone: (985) 542-8900 Hours: Monday thru Saturday 9:00 am- 5:00 pm; Sunday 11:30 pm- 4:30 pm

#### TANGI AREA UNITED WAY INC

411 West Coleman Ave. Hammond, LA Phone: (985) 542-8680 or 1800-749-2673

# **COVID-19 VACCINATION SITES**

#### WALMART PHARMACY

Amite 1200 W Oak St, Amite City, LA 70422 (985) 748-7076 Hours: Monday thru Friday 9:00am -8:00pm; Saturday 9:00am - 7:00pm, Sunday 10:00am - 6:00pm

- Offered here: Johnson & Johnson vaccine · Moderna, NIAID vaccine · BioNTech, Pfizer vaccine
- Appointment required

#### HOOD MEMORIAL HOSPITAL

301 Walnut St, Amite City, LA 70422 (985) 748-9485

- Offered here: Johnson & Johnson vaccine · Moderna, NIAID vaccine · BioNTech, Pfizer vaccine
- Appointment required

#### THRIFT-TOWN HEALTHMART PHARMACY

512 N 2nd St, Amite City, LA 70422 (985) 748-8191 Hours: Monday thru Friday 8:30am – 6:00pm; Saturday 9:00am – 1:00pm

- Offered here: Moderna, NIAID vaccine · BioNTech, Pfizer vaccine
- Appointment required

#### AMITE RURAL HEALTH CLINIC

409 NW Central Ave, Amite City, LA 70422 (985) 748-7141 Hours: Monday thru Friday 7:00am – 7:00pm; Saturday 8:00am –11:30am

- Offered here: Johnson & Johnson vaccine · Moderna, NIAID vaccine · BioNTech, Pfizer vaccine
- Appointment required

#### WINN-DIXIE PHARMACY

804 W Oak St, Amite City, LA 70422 (985) 748-6847 Hours: Monday thru Friday 8:00am – 8:00pm; Saturday 9:00am – 5:00pm; Sunday 10:00am – 5:00pm Offered here: Johnson & Johnson vaccine · Moderna, NIAID vaccine · BioNTech, Pfizer vaccine

Appointment required

#### WALGREENS PHARMACY

300 W Oak St, Amite City, LA 70422 (985) 747-8342 Hours: Monday through Sunday 8:00am – 10:0pm

- Offered here: Johnson & Johnson vaccine · Moderna, NIAID vaccine · BioNTech, Pfizer vaccine
- Has appointments

#### FRESENIUS KIDNEY CARE AMITE

207 W Mulberry St, Amite City, LA 70422 (800) 881-5101 Hours: Monday thru Friday 6:00am – 5:00pm

- Offered here: Moderna, NIAID vaccine · BioNTech, Pfizer vaccine
- Appointment required
- Limited to certain patients

#### DRIVE IN DRUG STORE

228 S 1st St, Amite City, LA 70422 (985) 748-8307 Hours: Monday thru Friday 8:00am – 6:00pm; Saturday 8:00am – 2:00pm Offered here: Moderna, NIAID vaccine · BioNTech, Pfizer vaccine

• Appointment required

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### **CRISIS INTERVENTION**

### **CHILD ABUSE INTERVENTION**

#### ASCENSION PARISH OFFICE OF COMMUNITY SERVICIES (OCS)

Physical Address: 1078 E. Worthy Gonzales, LA 70737 Mailing Address: PO Box 1269 Gonzales 70707 Phone: 225-644-4603 or 1-800-861-4589 Hours: Monday – Friday 8:00am- 4:30pm

#### **BATON ROUGE CHILDREN'S ADVOCACY CENTER**

626 East Blvd, Baton Rouge, LA 70802 Phone: (225) 343-1984 Hours: Monday thru Friday 8:00am – 4:30pm

#### CASA SERVICES INC

303 East Oak Street Amite, LA Phone: 985-747-0868 Hours: Monday - Friday; 8:00am to 4:30pm Services:

• Voluntary child abuse advocates for children who may have to testify in court due to pending child welfare care.

#### **CHILDREN & FAMILY SERVICES DEPARTMENT**

606 South 1<sup>st</sup> Street Amite, LA Phone: 888-524-3578 Hours: Monday - Friday; 7:30am to 4:30pm

#### CHILD ADVOCACY SERVICES

Administrative Office 1504 W. Church Street Hammond, LA 70401 Phone: (800) 798-1575 or (985) 902-9583 Fax: (985) 345-4689 Email: info@childadv.net Hours: Monday - Friday; 8:00am to 4:30pm Services:

• Volunteer Child Advocates who speak on the behalf of children with child welfare cases.

#### CHILD ADVOCACY SERVICES

Gonzales Regional Office Physical Address: 915 S. Nickens Ave. Gonzales, LA 70737 ailing Address: PO Box 1568 Gonzales, LA 70737

Phone: (225) 647-2005 Fax: (225)647-2009 Hours: Monday- Friday, 8:00am – 4:30pm Services:

• Volunteer Child Advocates who speak on the behalf of children with child welfare cases.

#### CHILD ADVOCACY SERVICES - LIVINGTON PARISH

Denham Spring Regional Office Physical Address: Mailing Address 1810 Florida Ave SW Suite E PO Box 1455 Denham Springs, LA 70726 Denham Springs, LA 70726 Phone: (225) 791-3136 Hours: Monday – Friday, 8:00am – 4:30pm

#### LA FOUNDATION AGAINST SEXUAL ABUSE

1250 Southwest Railroad Avenue Hammond, LA Phone: 225-372-8995 Hours: Monday - Friday; 9:00am to 5:00pm

#### LIVINGSTON PARISH OFFICE OF CHILDREN AND FAMILY SERVICES

28446 Charley Watts Roads Livingston, LA Phone: (225) 686-7257 Hours: Monday- Friday, 8:00am – 4:30pm

#### PREVENT CHILD ABUSE LOUISIANA HELPLINE

Phone: 1-800-348-5437 Service Area: Statewide Reporting

### **DOMESTIC VIOLENCE INTERVENTION** <u>BATTERED WOMEN'S PROGRAM</u>

Phone: (225) 389-3001 Toll free: 1-800-541-9706 Website: www.stopdv.org

#### **CAPITAL AREA FAMILY VIOLENCE**

Phone: (225) 389-3001 Hours: 24/7

#### LOUISIANA COALITION AGAINST DOMESTIC VIOLENCE

Phone: (225) 663-6133 or 1-888-411-1333

#### METROPOLITAN CENTER FOR WOMEN & CHILDREN SARA CENTER

340 Brakefield St, Slidell, LA 70458 Metro New Orleans (504) 837-5400 Statewide Hotline: (888) 411-1333

#### **CAPITAL AREA AGENCY ON AGING: ELDERLY PROTECTIVE SERVICES**

6554 Florida Blvd. Suite 221 P. O. Box 66038 Baton Rouge, LA 70896-6038 Phone: (800) 833-9883 or (225) 922-2525 Hours: Monday thru Friday 8:00 am - 4:30 pm Website: www.capitalaaa.org

#### SAFE HARBOR- WASHINGTON PARISH

Phone: 985-626-5740 or 888-411-1333 Services: Domestic abuse victim's shelters

• Must call and speak to staff member as location is not disclosed to public for safety purposes

#### SAFE HARBOR OUTREACH

4020 Cleveland St. Franklinton, LA 70438 Phone: (985) 839-8989 24/7 Services

#### SPOUSAL ABUSE HOTLINE

Phone: (225) 644-4916 or (800) 451-9706

#### SOUTHEAST SPOUSAL ABUSE LIVINGSTON PARISH

Phone: (888) 411-1333 24/7 Services Services:

• Must call and speak to staff member has location is not disclosed to public for safety purposes

#### SOUTHEAST SPOUSE ABUSE

PO Box 1946 Hammond, LA Phone: (985) 542-8384 or (888) 411-1333 24/7 Services Services:

• Must call and speak to staff members as location is not disclosed to the public for safety purposes

#### WASHINGTON PARISH RAPE CRISIS CENTER HOTLINE

Phone: (985) 732-4961

### **EMERGENCY SHELTER**

#### HOUSE OF SERENITY

247 North 12th Street Ponchatoula, LA 70454 Phone: 985-370-5502 Open 24 Hours House of Serenity is commit

House of Serenity is committed to providing opportunities for self-realization, fulfillment, and independence for those who are less fortunate. They offer services in order to enhance the lives of the needy by allowing them find safety in a shelter where they are always welcomed.

#### LOUIS ARMSTRONG FAMILY SERVICES

1015 Henriette Delille StreetNew Orleans, LA 70116Phone: 504-899-2995Hours: Monday through Friday from 1 p.m. to 3 p.m. Available Saturday and Sunday by appointment.Louis Armstrong Family Services is the only program in the state of Louisiana that is focused on keeping homeless families together with adolescent boys.

#### SAFE HARBOR OUTREACH- EMERGENCY SHELTER/HOUSING

4020 Cleveland St. Franklinton, LA 70438 Phone: 985-542-8384 24/7 Services

### **EMERGENCY SERVICES**

#### AMERICAN RED CROSS

4655 Sherwood Common Blvd. Baton Rouge, LA 70816 Phone: (225) 291-4533 Website: http://www.arcno.org Services:

- Provide relief to victims of disaster and help people prevent, prepare for, and respond to emergencies
- Service areas are Tangipahoa, Washington, & St Tammany Parishes

#### **BATON ROUGE CRISIS INTERVENTION CENTER**

4837 Revere Ave, Baton Rouge, LA 70808Immediate Danger, 91124 hour crisis line: (225) 929- 3900 or (800) 437-0303

#### 21st JUDICIAL DISTRICT ATTORNEY'S OFFICE

110 N. Bay Street Courthouse Bldg., Rm 204 Amite LA 70422 Phone: (985) 748-7890 Hours: Monday thru Friday 8:00am – 4:00pm Website: www.21jdda.org Area Serviced: Livingston, St. Helena and Tangipahoa

#### LA RAPE CRISIS CENTER

Phone: (800) 656- HOPE (4673)

#### LA SPIRIT HURRICANE RECOVERY PROGRAM

Phone: 225-342-9500 (Crisis Counseling Program) http://www.dhh.louisiana.gov/index.cfm/page/201

#### LOUISIANA FOUNDATION AGAINST SEXUAL ASSAULT (LAFASA)

Phone: 888-995-7273 or 225-372-8995 Hours: Monday thru Friday 8:30 AM to 4:30 PM. Website: www.lafasa.org

#### METANOIA, INC.- METANOIA REFUGE

Phone: 225-654-1005 Website: <u>https://www.metanoia-inc.org/services</u> Hours: Monday – Friday 08:00 AM - 05:00 PM Metanoia offers a place of refuge to female adolescent victims of human trafficking, in which to heal physically and mentally. The program provides girls aged 11-18 with mental, physical, and spiritual health, instruction in academics, life skills, and job training.

#### NO/AIDS TASK FORCE

Phone: (504) 821-6050 or (800) 99 AIDS 9

#### SOCIETY OF ST. VINCENT DE PAUL BATON ROUGE

220 Saint Vincent De Paul Drive Baton Rouge, LA 70802 Phone: 225-383-7837 Hours: Monday – Friday 08:00 AM - 05:00 PM

# **EDUCATION**

#### AMITE EARLY HEAD START

306 South Myrtle Street Amite, LA 70422 Phone: (985) 247-4500 Hours: Monday - Friday; 7:30am to 2:30 Services:

• Provides services for infants and toddlers

#### **CAPCA MIGRANT SEASONAL HEAD START AMITE CENTER**

56210 Old US 51 Amite, La 70422 Phone: (985) 748-4700 Hours: Monday - Friday; 7:30am to 4:30pm Services:

• Provides services for the infants, toddlers, and preschool children of migrant and seasonal workers.

#### **CENTRAL TANGIPAHOA HEAD START**

728 East Railroad Ave Independence, LA 70443 Phone: (985) 8778-9856 or (985) 878-9881 Services:

• Provides services for preschool children

#### NORTH TANGIPAHOA HEAD START

63508 Roch Road Roseland, LA 70456 Phone: (985) 748-5198 or (985) 748-3858 Services:

• Provides services for preschool children

### **ADULT EDUCATION**

#### U.S. DEPARTMENT OF VETERANS AFFAIRS-EDUCATION AND CAREER COUNSELING

1250 Poydras Street Suite 200
New Orleans, LA 70113
Phone: 800-827-1000
Hours Monday – Friday 8:00 AM - 04:00 PM
The Educational and Career Counseling program allows Service members, Veterans, and their dependents to get personalized counseling and support to help guide their career paths, ensure most effective use of their VA benefits, and achieve their goals.

### FOOD

#### ASCENSION PARISH OFFICE OF FAMILY SUPPORT

1078 W. Worthy Rd Gonzales, LA 70737 Phone: (225) 644-0484 Hours: Monday-Friday 9:00am – 5:00pm Services:

• Call to see if services are currently being offered

#### EAGLE HEIGHTS CHURCH

47318 Rufus Bankston Road #4518 Tickfaw, LA 70466 Phone: (985) 543-6958 Services:

Monthly food distribution based off of income

#### FAITH FAMILY CHURCH

9775 Lockhart Rd Port Vincent, LA 70726 Phone (225) 664-0731 Hours: Tuesdays: 10:00am – 1:00pm

#### FOOD FOR FAMILIES/SENIORS

3000 Main Street Baker, LA 70714 Phone: (225) 355-2081 Website: http://www.dhh.louisiana.gov/office Hours: Monday thru Friday 7:00am – 3:30pm Services:

• Food distribution program of food packages containing high- protein nutrient- dense food for lowincome families

#### **GRACE COMMUNITY BIBLE CHURCH**

1000 Cockerham Rd Denham Spring, LA 70726 Phone: (225) 664-0971 Hours: Monday 3:00pm- 5:00pm (call first)

#### JUDSON BAPTIST

32470 Walker Rd N Walker, LA 70785 Phone: (225) 665-8311 Hours of service vary

#### LIVINGSTON SNAP

28446 Charley Watts Road Livingston, LA Phone: (225) 686-7257 Hours: Monday – Friday 8:00am- 4:30pm

#### **OUR DAILY BREAD**

1006 W Coleman Hammond, LA 70403 Phone: (985) 542-4676 Hours: Monday and Tuesday 8:00am – 2:00pm, Thursday 8:00am – 2:00pm Services:

- Our Daily Bread Food Bank currently hosts 18 satellite food pantries throughout Tangipahoa parish.
- Provides food, two hot meals sites, in Amite and Hammond.
- Provides Emergency Food Boxes to families in need.
- Required: Picture ID, proof of residence, verification of income

#### ST. FRANCIS EPISCOPAL

726 Maple Dr. Denham Springs, LA 70726 Phone: (225) 665-1623 Hours: Daily 10:00am – 11:00am

#### TANGI FOOD PANTRY

411 West Coleman Ave.Hammond, LAPhone: (985) 429-8551Hours: Tuesday and Thursday; 1:00pm to 4:00pm

#### **QUAD AREA FOOD BANK**

45300 N. Baptist Rd Hammond, LA 70401 Phone: (225) 567-2350 Hours: Monday - Friday; 8:00am to 3:00pm

# HOUSING

#### HABITAT FOR HUMANITY

955 South Morrison Boulevard Hammond, LA 70403 Phone: (985) 419-0256 or (985) 542-6868 Hours: Monday – Friday; 8:00am – 5:00pm

#### HOUSING AUTHORITIES WASHINGTON PARISH

1724 Greenlaw St. Franklinton, LA Phone: (985) 735-6533 Hours: Monday - Friday; 8:00am to 4:00pm, closed daily from 11:30am to 1:30pm for lunch

#### HOUSE OF SERENITY

247 N. 12<sup>th</sup> St Ponchatoula, LA Phone: (985) 351-1879 Hours: 24/7 Services:

• Shelter for men, women, and families

#### HUD WASHINGTON PARISH

1250 Martin Luther King Junior Drive Slidell, LA Phone: (985) 726-9000 or (985) 839-5635 Hours: Monday- Thursday 8:00am- 12:00pm, 1:00pm-3:00pm; Friday 8:45am- 12:00pm,

#### **RESTORATION HOUSE PREGNANCY RESOURCE CENTER**

101 South Spruce Street. Hammond, LA Phone: (985) 542-0492 Hours: Monday – Thursday, 9:00am – 2:30pm Services:

• offers life-affirming services to women facing an unplanned pregnancy

#### SECTION 8 HOUSING AUTHORITIES IN TANGIPAHOA PARISH

Hammond Housing Authority Phone: (985) 345-2713 Independence Housing Authority Phone: (985) 878-9091 Ponchatoula Housing Authority Phone: (985) 386-3257 Amite Housing Authority Amite Housing Authority Phone: (985)478-8474

#### **QUAD AREA COMMUNITY ACTION AGENCY**

45300 N. Baptist Rd Hammond, LA 70401 Phone: (225) 567-2350 Hours: Monday - Friday; 8:00am to 3:00pm Services:

• See Quad Area under Multiple Service Provides for more details.

### CLOTHING

#### **GOD'S STOREHOUSE**

122 NE Central Ave. Amite City, LA 70422 Phone: (985) 748-4747 Hours: Monday – Friday, 8:00am – 4:00pm

#### HEBRON BAPTIST CHURCH

24063 Hwy, 16 Denham Springs, LA 70726 Phone: (225) 665-6278 Hours: Tuesday 10:00am –1:00pm

#### HELP CENTER WASHINGTON PARISH

Contact Hell Bell for more information Hours of service vary Phone: 985-839-2541

#### NORTH SHORE FAMILIES HELPING FAMILIES WASHINGTON PARISH

108 Highland Park Plaza Covington, LA 70433 Phone: (985) 875-0511 Fax: (985) 875-9976 Hours: Monday – Friday; 9:00am- 4:00pm

# LEGAL ASSISTANCE

#### **AMERICAN ARBITTRATION ASSOC.**

Phone: 800-778-7879

#### JOHNNY LATINO RTRP

14614 University Avenue Hammond, LA 70401 Phone: (985) 662-3805 Services:

• Assists taxpayers and small businesses with taxes in Hammond and surrounding communities

#### SE LA LEGAL SERVICES

Baton Rouge Office: 715 S Ferdinand St. Baton Rouge, LA 70802 Phone: (225) 448-0080 Hours: Monday through Friday 9:00am – 5:00pm

Hammond Office 200 Guidry Drive Hammond, LA 70403 Phone: (985) 345-2130

### **HEALTH SERVICES**

### **HOSPITALS**

#### **CHILDREN'S HOSPITAL**

200 Henry Clay New Orleans, LA 70118 Phone: (504) 896-9804

#### HOOD MEMORIAL HOSPITAL

301 W Walnut St. Amite, LA 70422 Phone: (985) 748-9485

#### LALLIE KEMP REGIONAL MEDICAL CENTER

52579 Hwy 51 South Independence, LA 70443 Phone: (985) 230-1682

#### **NEW ORLEANS EAST HOSPITAL**

5620 Read Blvd New Orleans, LA 70127 Phone: (504) 532-6600

#### NORTH OAKS MEDICAL CENTER LLC

15790 Paul Vega Medical Drive Hammond, LA 70403 Phone: (985) 230-1682

#### **TULANE UNIVERITY HOSPITAL & CLINIC**

1415 Tulane Ave. New Orleans, LA Phone: (504) 588-5263

#### UNIVERSITY MEDICAL CENTER NEW ORLEANS

2000 Canal St. New Orleans, LA 70112 Phone: (225) 354-4560

#### WOMEN'S HOSPITAL- BATON ROUGE

100 Women's Way Baton Rouge, LA Phone: (225) 927-1300

# MEDICAL CLINICS

#### ALBANY MEDICAL CLINIC-SOUTHEAST COMMUNITY HEALTH SYSTEMS

30575 Old Baton Rouge Hwy Alban, LA Phone: (225) 306-2050 Hours: Monday 8:00am – 7:00pm; Tuesday through Thursday 8:00am – 4:30pm; Friday 8:00am – 2:00pm

#### CHILDREN FIRST KID MEDICAL

1825 W Thomas St. Hammond, LA 70401 Phone: (985) 419-2250 Hours: Monday - Friday; 8:00am to 5:00pm

#### **CHILDREN'S INTERNATIONAL MEDICAL GROUP - AMITE**

106 Mimosa St. Amite, LA 70422 Phone:(985) 247-2411 Hours: Monday - Friday; 8:30am to 5:00pm

#### **CHILDREN'S INTERNATIONAL MEDICAL GROUP - FRANKLINTON**

2401 Washington St. Franklinton, LA 70438 Phone: (985) 247-2411 Hours: Monday - Friday; 8:30am to 5:00pm

#### **CHILDREN'S INTERNATIONAL MEDICAL GROUP- HAMMOND**

42124 Veterans Ave. Hammond, LA 70403 Phone: (504) 899-9511 Hours: Monday - Friday; 8:30am to 5:00pm

#### NORTH OAKS HEALTH SYSTEM-WOMEN & CHILDREN SERVICES- HAMMOND

15790 Paul Vega Medical Drive Hammond, LA 70403 Phone: (985) 345-2700 Hours: Monday - Friday; 8am to 5pm

#### NORTH OAKS PEDIATRIC CLINIC

42440 Pelican Professional Park Hammond, LA 70403 Phone: (985) 542-4950 Hours: Monday - Friday- 8am to 5pm; Saturday 8am to 2pm

#### SOUTHEAST COMMUNITY HEALTH SYSTEM-IND

13318 Berry Bowl Rd. Independence, LA 70403 Phone: (225) 306-2000

#### SOUTHEAST COMMUNITY HEALTH SYSTEMS-KENTWOOD

721 Ave. Kentwood, LA 70444 Phone: (985) 229-5501 Hours: Monday – Thursday; 8:00am to 6:30pm; Friday 8:00am – 2:30pm; Saturday 8:00am – 12:00pm

#### TANGIPAHOA PARROQUIA HEALTH UNIT

15481 W Club Deluxe Rd. Hammond, LA 70403 Phone: (985) 543-4165 Hours: Monday - Friday; 8:00am to 5:00pm

#### ACCESS HEALTH LA-TANGIPAHOA COMMUNITY HEALTH CENTER

42351 Phyllis Ann Dr. Hammond, LA 70403 Phone: (504) 575-3712 Hours: Monday – Thursday 8:00am – 4:30pm; Friday 8:00am – 12:00pm

### **DENTAL**

#### **BEAUTIFUL SMILES**

20204 Hwy 190 East Hammond, LA 70401 Phone: (985) 662-5550 Hours: Monday- 8am to 4pm; Tuesday- 9:00am to 5:00pm; Wednesday-10:00am to 5:00pm; Thursday- 9am to 5pm; Friday- 8am to 4pm

#### **BIPPO'S PLACE OF SMILES**

2935 US 190 Mandeville, LA 70421 Phone: (985) 727-7030 Hours: Monday - Friday; 8:30am to 5:00pm

#### **BRYAN FRICHTER DDS**

1230 S. Morrison Blvd. Hammond, LA 70403 Phone: (985) 902-4477 Hours: Monday - Thursday; 8am to 5pm

#### COSSICH FAMILY DENTISTRY

842 N Collins Blvd. Suite FCovington, LA 70433Phone: (985) 809-1889Hours: Monday - Thursday- 8:00am to 5:00pm; Friday- 8:00am to 4:00pm

#### DENTAL CARE ASSOCIATES FAMILY DENTISTRY

212 W. Minnesota Park Ave. Hammond, LA Phone: (985) 542-3368 Hours: Monday - Friday; 8:00am to 5:00pm

#### **GREGORY S. STRAIN DDS FAMILY DENTISTRY**

631 W. Railroad Ave. Independence, LA 70443 Phone: (985) 878-4981 Hours: Monday - Thursday; 8:00am to 5:00pm

#### HAMMOND PEDIATRIC DENTIST

1008 W. Thomas St. Hammond, LA 70401 Phone: (985) 542-6855 Hours: Monday - Thursday; 8:00am to 4:00pm

#### HOOVER FAMILY DENTAL

12192 Hwy 190 West Hammond, LA 70401 Phone: (985) 542-2201 Hours: Monday – Friday 8:00am – 3:00pm

#### LOUISIANA DENTAL CENTER: HAMMOND

800 C M Fagan Dr. Suite A Hammond, LA 70403 Phone: (985) 345-5888 Hours: Monday – Thursday – 8:00am to 4:00pm; Friday 8:00am – 3:00pm; Saturday-8:00am to 1:00pm

#### PONCHATOULA FAMILY DENTISTRY

430 E. Pine St. Ponchatoula, LA 70454 Phone: (985) 386-8454 Hours: Monday- 8:30 to 4pm; Tuesday - Thursday- 8am to 4pm; Friday- 8:00am to 3:00pm

#### SCOTT TURNER DDS

307 Ave H. Kentwood, LA 70444 Phone: (985) 229-8080 Hours: Monday - Thursday; 8:00am to 5:00pm

#### STEVEN RAYMOND RDDS

15716 Professional Plaza Hammond, LA 70403 Phone: (985) 542-8484 Hours: Monday - Thursday; 8:00am to 5:00pm

#### VERGES DENTAL CENTER-Dr. Troy Verges

207 Ave G. Kentwood, LA 70444 Phone: (985) 229-3973 Hours: Monday - Thursday; 8:00am to 5:00pm

### **VISION**

#### INDEPENDENCE EYE CLINIC

312 West 4th Street
Independence, LA 70443
Phone: 985-878-1066
Hours: Monday – Thursday 8:30 AM - 05:00 PM
Independence Eye Clinic offers eye care to low-income Individuals. We also accept Medicare,
Medicaid, and most major insurance. You can call to schedule an appointment or just walk in. For low-income individuals we provide sliding scale fees for eye exams and spectacles.

#### **INFANTSEE**

Phone: 314-983-4286 Fax: 314-991-4101 Hours: Monday – Friday 8:00 AM - 5:00 PM This program serves infants ages 6 to 12 months.

Infant SEE, a public health program, managed by Optometry Cares -The AOA Foundation, is designed to ensure that eye and vision care becomes an essential part of infant wellness care to improve a child's quality of life. Under this program, participating Doctor of Optometry provide a comprehensive infant eye assessment between 6 and 12 months of age free of charge regardless of family income or access to insurance coverage.

#### NATIONAL CENTER FOR FARMWORKER HEALTH, INC.

1770 Farm to Market 967 Buda, TX 78610 Phone: 512-312-2700 Fax: 512-312-2600 Hours: Monday – Friday 9 AM - 5PM Call for Health helps AGRICULTURAL WORKERS (FARMWORKERS) and their families find health services in their area in the United States.

### **MISCELLANEOUS**

#### AUDIOLOGY ASSOCIATES

15706 Professional Plaza. Hammond, LA 70403 Phone: (985) 247-0876 Hours: Tuesday and Friday; 1pm to 5pm

#### PEDIATRIC EYE CARE CLINIC

5220 Flanders Dr. Baton Rouge, LA 70808 Phone: (225) 766-3437 Hours: Monday - Friday- 8am to 5pm

#### **MEDICAID OFFICE**

45615 University Park Ave Hammond, LA 70401 Phone: (877) 252-2447

#### EARLY STEPS LIVINGSTON PARISH

566 Lobell Ave. Baton Rouge, LA 70806 Phone: (225) 925-2426 or (866) 925-2426 Hours: Monday – Friday 8:00am- 4:30am Services:

• Families with infants and toddlers age from birth to 3 years old who have a medical condition

# **COUNSELING & SOCIAL SERVICES**

#### ACADIAN CARE

2545 Veterans Ave.Hammond, LA 70403Phone: (985) 781-7353Services: Counseling and other mental health services

#### ADDICTIVE DISORDERS SERVICES DEPARTMENT

11236 Highway 16, Amite, LA 70422 Phone: (985) 748-2220

#### AMITE SENIOR CENTER

113 E. Central Ave. Amite, LA 70422 Phone: 1-888-524-3578

#### ASCENSION PARISH COUNSELING CENTER FOR FAMILIES AND CHILDREN

1112 E. Ascension Complex Ave. Gonzales, LA 70737 Phone: (225) 450-1016 Hours: Monday - Friday; 8:00am to 4:00pm Services:

- Mental Health services for children and adolescents
- 16-week substance abuse program for adults

#### ASCENSION PARISH MENTAL HEALTH CLINIC

419 Memorial Dr. Donaldsonville, LA 70346 Phone: (225) 473-8342 Hours: Monday - Friday; 8am to 4:30pm Services:

- Individual counseling for children age 6 to adults.
- Cost is based on a sliding scale of income (\$0 to \$100 fee)

#### ALCOHOLICS ANONYMOS

Phone: 1-985-549-7007 (Tangipahoa Parish)

1-225-388-0069 (Receptionist)

Services:

• Helpline/Support Group for alcoholism at no cost.

#### **BATON ROUGE CHILDREN'S ADVOCACY CENTER**

626 East Blvd Baton Rouge, LA 70802 Phone: (225)343-1984 Hours: Monday thru Thursday 8:30 – 4:30; Friday hours vary Website: <u>www.batonrougecac.org</u>

#### **BATON ROUGE CHRISTIAN COUNSELING CENTER**

763 North Blvd
Baton Rouge, LA 70802
Phone: (225) 387-2287
Fax: (225) 383-2722
Website: www.brchristiancounseling.com
Email: ken@brchristiancounseling.com
Hours: Monday - Thursday- 8am to 7pm; Friday- 8am to 4pm

#### CAROLYN BURN, LMFT

215 N. Vermont St. Covington, LA 70433 Phone: (985) 705-3395 Hours may vary Services:

- Private contract counseling provider
- Cost based on sliding scale for all Head Start families

#### **CHILDREN'S ADVOCACY CENTER (CASA)**

1504 West Church St. Hammond, LA 70401 Phone: (985) 902-9583 Hours: Monday - Friday; 8:00am – 4:30pm Services:

• Counseling: prices based on income sliding scale

#### **CHRISTIAN COUNSELING CENTER**

Eastern Louisiana Baptist Association Phone: (225) 664-0760 (225) 588-0342 Email: elbaccc@att.net Hours: Monday- Friday, 9:00am – 5:00pm Services:

- \$20 Administration fee
- \$75 Each Session
- Cash or check only
- Some churches have accounts to help pay for session

#### **DEPT. OF SOCIAL SERVICES**

Phone: (888) LAHELPU or (888) 524-3578

#### **CRISIS INTERVENTION CENTER**

4837 Revere Ave. Baton Rouge, LA 70808 Phone: (225) 924-3900 or (225) 924-1431 Services:

- Free and Confidential Telephone counseling 24/7
- Free weekly survivor's suicide support groups
- Children's bereavement support group

#### FAMILY ROAD

323 E Airport Avenue Baton Rouge, LA 70806 Phone: (225) 201-8888 Hours: Monday – Thursday; 8:00am – 8:00pm; Friday 8:00am – 4:00pm Services:

• Build strong families including couples/family counseling

#### **GONZALES MENTAL HEALTH CENTER**

1112 SE Ascension Complex Ave. Gonzales, LA 70737 Phone: (225) 621-5775 Hours: Monday – Friday, 8:00am – 4:30pm Services:

• Community mental health services provided on a limited referral

#### HAMMOND COUNCIL ON AGING

207 East Church Street, Hammond, LA 70401 Phone: (985) 345-5000 Hours: Monday – Friday, 9:00am – 5:00pm Services:

- Hot, well-balanced meals served at 5:00pm
- Activities at the senior center throughout Tangipahoa Parish

#### HAMMOND SENIOR CENTER

207 E Church St. Phone: (985) 345-5000

#### HOLY TRINITY LUTHERAN CHURCH, COVINGTON

Phone: (985) 892-6146 or 892-1239 Hours: Thursdays, 7:00pm – 9:00pm Services:

• Ongoing grief group for adults

#### **INDEPENDENCE SENIOR CENTER**

305 E. Railroad Ave. Phone: (985) 878-4385

#### KAREN KLUCHIN SONG, LCSW

St. Tammany Area Phone: (985) 807-1733 Hours may vary Services:

- Private contract counseling provider
- Fee based on sliding scale for all Head Start Families

#### KENTWOOD SENIOR CENTER

218 Ave. F Phone: (985) 229-5089

#### LA ASSOC. ON COMPULSIVE GAMBLING

1325 Barksdale Blvd., Suite 219 Bossier City, LA 71111 Office: 318-227-0883 Fax: 318-221-0005 lacg@helpforgambling.org Phone: (877) 770- STOP (7869)

#### LA OFFICE FOR ADDICTIVE DISORDERS

Phone: (877) 644-2248

#### LOUISIANA SPECIAL OLYMPICS

4456 1000 East Morris Avenue, Hammond, LA 70403 Phone: (985) 345-6644 Hours: Monday - Friday 8am to 4:30pm

#### MENTAL HEALTH ADVOCACY SERVICES

150 3<sup>rd</sup> St. #812 Baton Rouge, LA 70801 Phone: (225) 342-6678 Services:

• Provides free legal aid to mentally ill individuals

#### NH YOUTH SERVICES BUREAU

47257 River Rd Hammond, LA Phone: (985) 345-1171 Services:

- Mental Health services for individuals and families
- Counseling
- Crisis Intervention
- Family Preservation

#### **OUR LADY OF THE LAKE MEDICAL CENTER/COPE TEAM**

5000 Hennessy Blvd Baton Rouge, LA 70808 Phone: (985) 765-8964 24/7 Services

#### PONCHATOULA SENIOR CENTER

300 N. 5<sup>th</sup> St. Phone: (985) 386-6061

#### **ROSENBLUM-BEHAVIOR HEALTH CLINIC**

835 Pride Dr. Suite B Hammond, LA 70403 Phone: (985) 543-4080

#### <u>SOAR</u>

21 Industrial Parkway Building A Ponchatoula, LA 70454 Phone: (985) 370-2300 Services:

• Strengthening Outcomes with Autism Resources (SOAR) provides ABA therapy, speech therapy, and other social skills trainings, among other things, for families affected by autism

#### SOUTHEAST MENTAL HEALTH

42382 Deluxe Plaza Hammond, LA Phone: (985) 345-1958 Hours: Monday- 8am to 7pm; Tuesday - Thursday- 8am to 4:30pm; Friday- 8am to 2pm

### STAR (Sexual Trauma Awareness & Response Center)

Phone (225) 383-7273 Website: www.brstar.org

#### STOPS/ST. TAMMANY OUTREACH FOR THE PREVENTION OF SUICIDE

Phone: (985) 237-5506 24/7 Services

#### TANGI ALCOHOL & DRUG ABUSE COUNCIL

108 South Pine St. Hammond, LA Phone: (985) 345-5493

### MISCELLANEOUS

#### PARTNERSHIP FOR PRESCRIPTION ASSISTANCE

Phone: 1-888-4PPA-NOW (477-2669) Website: www.pparx.org

#### US SOCIAL SECURITY ADMINISTRATION

2100 Robin Ave Hammond, LA 70403 Phone: (985) 345-2178 or (855) 848-7937 Hours: Monday- Friday, 9:00am – 4:00pm

#### WAL-MART \$4 GENERIC PRESCRIPTION PLAN

Website: www.walmart.com

### **QUAD AREA SERVICES**

#### **QUAD CENTRAL OFFICE**

45300 N Baptist RdPhone: 1-225-567-2350Hammond, LA 70401Fax: 1-225-567-2630

#### Youth Employment

Assists individual youth to acquire job training and placement into the construction fields. Visit www.quadarea.org/youthbuild for more information and an application.

#### Senior Employment

Silver Force Assists older individuals (55+) with training and job placement. Visit http://silverforce.org for more information

### Emergency Energy

Energy Assistance Emergency Food & Shelter	Program is designed assist eligible families with their utility bills. Provides Checks to food stores, housing and utility providers via vouchers to eligible customers in Ascension and East Feliciana Parish. Contact: Sandra Baker 1-225-644-8532 9675 Plank Rd, Clinton, LA 70722
United Way <u>Housing</u>	Provides assistance to eligible families in the areas of rent, utilities and food in Ascension and West Feliciana Parishes.
Weatherization	Program designed to improve thermal energy efficiency and weatherproofing of customers' homes by insulation and energy efficient windows, doors, etc.
Community Housing Development	Provides affordable and standard housing in Livingston, Tangipahoa and East Feliciana parishes, 42, 48 & 40 units, respectively, under the Louisiana Finance Housing Authority guidelines.
La Posada Apts.	Migrant Farm Housing with 40 units located in Independence Louisiana. Contact Person: Mrs. Acosta 1-985-878-2275 1304 Progresso Rd, Independence, LA 70443
<u>Income</u> Management	Provides assistance in managing money within a low-income family in order to promote self-sufficiency, including referrals to other agencies.
<u>Health</u>	
Medicaid	Agency will enroll eligible customers by taking application for medical benefits. This includes pregnant women and children.

#### Additional Quad Locations Ascension Parish

#### Gonzales

717 E. Ascension St. Gonzales, LA 70737 1-(225) 644-8532 Fax 644-0109

Hours: Monday thru Friday 8:00am - 4:30pm

#### East Feliciana Parish

Clinton 12221 Jackson St.

P.O. Box 8475 Clinton, LA 70722 1-(225) 683-3308 Fax 683-3608

Hours: Monday thru Friday 8:00am - 4:30pm

#### Clinton

Quad Area Head Start P.O. Box 8475 (9675 Plank Rd.) Clinton, LA 70722 1-(225) 683-4234 Fax 683-3046

### Jackson

Quad Area Jackson Head Start P.O. Box 658 (3531 Cottage St.) Jackson, LA 70748

Hours: Monday thru Friday 7:30am - 3:30pm

#### **Livingston Parish**

**Denham Springs** 1406 Range Avenue, Suite 4 Denham Springs, LA 70726

#### 225-686-3811

Hours: Monday thru Friday 8:00am - 4:30pm

#### <u> Tangipahoa Parish</u>

Hammond 45300 N. Baptist Road Hammond, LA 70401 1-(225) 567-2350 Fax 567-2630

Hours: Monday thru Thursday 8:00am - 4:30pm; Friday 8:00am - 4:00pm

#### Kentwood

P.O. Box 27 (302 Avenue F) Kentwood, LA 70444 1-(985) 229-6229

Hours: Monday thru Friday 8:00am - 4:30pm

West Feliciana Parish St. Francisville 12292 Jackson Road

P.O. Box 2246 St. Francisville, LA 70775 1-(225) 635-0063 Fax 635-0095

Hours: Monday thru Friday 8:00am - 4:30pm

#### **Apartments**

**Cedar Ridge Apts.** 29880 South Cedar St. Livingston, LA 70754 1-(225) 686-7760

#### Hammond Square Apts.

15510 Club Deluxe Rd. Hammond, LA 70403 985-429-1200 Debbie Woodard

#### Jackson Place Apts.

2533 Hwy 10 Jackson, LA 70748 1-(225) 634-7021

#### **Foster Grandparents**

1406 Range Avenue, Suite 4 Denham Springs, LA 70726

225-686-3811 ext. 205

Hours: Monday thru Friday 8:00am - 4:30pm

#### <u>St. Helena Parish</u>

**Greensburg** 369 Sitman Street P.O. Box 626 Greensburg, LA 70441 1-(225) 222-6100 Fax 222-6124

Hours: Monday thru Thursday 8:00am - 4:30pm; Friday 8:00am - 4:00pm

### SUBSTANCE ABUSE RECOVERY

#### **ADDICTION WELLNESS CENTER**

Mailing Address St. Christopher's Addiction Wellness Center 150 Cora Drive Baton Rouge, LA 70815 Hours: 24/7 Phone: (225) 387-1611 Website: www.addictionwellness.com

#### FAIRVIEW TREATMENT CENTER'S MEDICALLY-SUPPORTED DETOXIFICATION CENTER

1101 Southeast Boulevard Bayou Vista, LA 70805 Phone: (985) 395-6750 Hours: Monday thru Friday 8:00am – 4:30am

#### **ODYSSEY HOUSE OF LA MEDICALLY SUPPORTED DETOXIFICATION** 1125 N. Tonti St.

#### New Orleans, LA 70119 Phone: 504-821-9211 Hours: Monday thru Friday 8:00am – 7:00pm <u>SOUTHERN OAKS ADDICTION & RECOVERY TREATMENT CENTER & STARTING</u> POINT DETOX UNIT

1416 Natchitoches St. West Monroe, LA 71292 Phone: (318) 362-5430

# TECHNOLOGY

#### ACCESS FROM AT&T

Phone: 1-855-220-5211 (English) 1-855-220-5225 (Spanish) Website: <u>https://www.att.com/internet/access/</u> Services:

- Access from AT&T provides wireline Home Internet to limited-income households who participate in the Supplemental Nutrition Assistance Program (SNAP).
- You will receive the maximum speed available at your address. Includes a data allowance of 150GB or 1TB depending on speed available. \$10 charge for each additional 50GB.
- Free installation and in home Wi-Fi, no annual contract, and no deposit.
- Internet service for \$10/month or less based on the maximum speed available at your address up to 25Mbps.
- Apply online or print application and send through mail.

#### COMCAST XFINITY

Phone: 1-855-846-8376 Website: <u>https://apply.internetessentials.com/</u> Services:

- Comcast uses Xfinity to operate their Internet Essentials program available to those who receive SNAP, housing assistance or attend Head Start.
- Low-income families who live in a Comcast service area will be able to sign up for 60 days of complimentary Internet Essentials service.
- This offer is available for new customers only and is normally available to qualified lowincome households for \$9.95/month.
- Apply online.

# TRANSPORTATION

#### CAPITAL AREA AGENCY ON AGING, INC.

Phone: 800-833-9883

Hours Monday - Friday 7:30 AM - 4:30 PM

This program serves senior adults (60+) and persons with adult-onset disabilities. Capital Area Agency on Aging, Inc. provides transportation to places such as senior centers, medical appointments, and social service agencies.

#### TANGI PARISH-WIDE PUBLIC TRANSPORTATION

Phone: (985) 748-6016 Hours of service may vary Services:

- Provides transportation throughout the parish when given 24-hour notice
- \$9 each way or \$18 round trip except seniors ride free
- Call for serve area
- Provides a free bus route within Hammond, call for location nearest you

# YOUTH SERVICES/PROGRAMS

#### **DAMP CHALLENGE**

Phone: 504-347-2267

Hours: Monday - Friday 8:00 AM - 05:00 PM CDT

Camp Challenge is dedicated to giving ill children and their siblings ages 6 through 18 a summer camp experience. Camp is open to all children who reside in Louisiana and have a form of cancer and chronic hematological disorders. These children do not have to pay for camp, it is free for all campers.

#### **CAMP SUNSHINE**

Phone: 207-655-3800

Fax: 207-655-3825

Hours: Monday - Friday 8:00 AM - 5:00 PM EDT

Camp Sunshine provides respite, support, joy, and hope to children with life-threatening illnesses and their immediate families from around the world through the various stages of their journeys. Camp Sunshine's program is offered year-round and has the distinction of having been designed to serve the entire family in a retreat model. The program is free of charge to families and includes on-site medical and psychosocial support. Bereavement sessions are also offered for families who have experienced the death of a child from a supported illness.

#### LILY'S HOPE FOUNDATION-PACKAGES OF HOPE

Phone: 267-776-4673

Email Info@LilysHopeFoundation.org to get services

Lily's Hope Foundation Package of Hope provides free care packages to families with preemie currently in the NICU or heading home from the NICU. All care packages are customized to answer each family's specific needs by providing items that will help during this time.

#### LOUISIANA LIONS CAMP

Phone: 800-348-6567

Fax: 337-239-9975

Hours: Monday - Friday 8:00 AM - 05:00 PM

The Louisiana Lions Camp provides free summer camp for boys and girls with Special Needs, Diabetes, Respiratory Disorders, and Childhood Cancer. The Lions Clubs across the state sponsor youngsters in their local areas to attend one of seven weeklong sessions during the months of June and July at no cost.

#### SOAR CREATIVE ARTS CENTER

44546 S. Airport Road, Suite B Hammond LA, 70403 Phone: (985) 956-7900 Hours: Monday thru Thursday 3:30pm – 7:30pm Services: Offers dance, music, and art lessons for children in the Hammond area

# HOTLINES

Alcohol and Drug Abuse (National Hotline for Alcohol & Drug Treatment)	1-800-274-2042 or
	1-800-888-9383
AMC Cancer Information Center and Counseling Line	1-800-525-3777
American Cancer Society	1-800-227-2345
Child Find (locating a missing child)	800-426-5678
Children's Medical Services	800-482-5850
Consumer Protection and missing or exploited children	800-482-8982
Crisis Hotline	800-592-9503
Department of Human Services (Client Assistance)	800-482-8988
Domestic Violence Hotline	800-799-7233
(Hearing Impaired)	800-787-3224
EPA Safe Drinking Water Hotline	800-426-4791
Health Information Line	800-235-0002
International Hearing Society	800-521-5247
National Alliance on mental illness (NAMI-AR)	800-844-0381
National Auto Safety Hotline	800-424-9393
National Center for Missing and Exploited Children	800-843-5678
National Child Abuse Information Hotline	800-422-4453
National Drug & Alcohol Treatment Referral for Substance Abuse	800-662-4357
National HIV and AIDS-CDC Information 24/7	800-232-4636
Deaf Access-TTDY	888-232-6348
National Runaway (Send messages without telling where you are)	800-621-4000
National Sexually Transmitted Disease Hotline	800-227-8922
Obtain birth and death certificates	800-637-9314
Poison Control Hotline	800-222-1222
Rape Counseling	800-656-4673
The Safe Place (domestic violence shelter)	888-554-2501
Women and Children First	800-332-4443